



A WALK IN THE PARK

Piedmont Park's Quarterly Newsletter

Our Vision: To encourage a closer walk with God and greater involvement in His Ministries in the Lincoln Nebraska area through the medium of *A Walk in the Park*.

Our Mission: With God's leading, we will reach out to our church family, sharing stories of hope, encouraging all, and promoting active involvement in the various ministries of Piedmont Park Seventh-day Adventist Church



**SPECIAL THANKS TO
OUR CONTRIBUTORS
FOR THIS ISSUE!**

Cheyenne Hardy
Chris Hausted
Renee Schaecher
Carol Leonhardt



Photo by Priscilla Du Preez on Unsplash

GOD'S STRENGTH, MY STILLNESS

By Cheyenne Hardy

"God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling." Psalm 46:1-3

Regardless of age or occupation, I am guessing many of us have been feeling overwhelmed by the "trouble" that is so prevalent in our current events. My heart hurts for those affected by the natural disasters, political unrest and illnesses surging through our world, destroying normalcy. Silent tears rolled down my face as I read Psalm 46 this morning. At times it feels like the earth is giving way, literally or figuratively, and many things feel uncertain. A beautiful blend of power and peace, this chapter was written for such a time as this, times of trouble. The author first introduces the source of our strength, He who carries us through. While acknowledging the existence of painful realities, a better future is quickly introduced.

"There is a river whose streams make glad the city of God, the holy habitation of the Most High. God is in the midst of her; she shall not be moved..." v. 4,5





FAITH WITHOUT WORKS IS DEAD

“Vision without action is merely a dream. Action without Vision just passes the time. Vision with Action can change the world.
(Joel Barker)

James 2:14-26 – (NKJV)

¹⁴ What does it profit, my brethren, if someone says he has faith but does not have works? Can faith save him? ¹⁵ If a brother or sister is naked and destitute of daily food, ¹⁶ and one of you says to them, “Depart in peace, be warmed and filled,” but you do not give them the things which are needed for the body, what does it profit? ¹⁷ Thus also faith by itself, if it does not have works, is dead.

¹⁸ But someone will say, “You have faith, and I have works.” Show me your faith without your works, and I will show you my faith by my works.

¹⁹ You believe that there is one God. You do well. Even the demons believe—and tremble!

²⁰ But do you want to know, O foolish man, that faith without works is dead?

²¹ Was not Abraham our father justified by works when he offered Isaac his son on the altar? ²² Do you see that faith was working together with his works, and by works faith was made perfect? ²³ And the Scripture was fulfilled which says, “Abraham believed God, and it was accounted to him for righteousness.” And he was called the friend of God. ²⁴ You see then that a man is justified by works, and not by faith only.

²⁵ Likewise, was not Rahab the harlot also justified by works when she received the messengers and sent them out another way?

²⁶ For as the body without the spirit is dead, so faith without works is dead also.

*“Faith without works is not faith at all, but a simple lack of obedience to God.”
Deitrich Bonhoeffer*

FRESH START MEAL

By Carol Leonhardt

Each month Piedmont Park Women’s Ministries volunteers provides a meal for the ladies living at Fresh Start transitional home. Fresh Start Home offers a safe, structured, alcohol- and drug-free environment for women invested in attaining self-sufficiency. Services are offered to women ages 19 years and older.

For this month’s meal for we tried some new menu items. We had two kinds of mild curry over rice with chicken, egg rolls, an Asian noodle salad, steamed broccoli and dessert. It was reported that this was a “Hit” with the ladies and that they liked having something new!

You can learn more about Fresh Start at freshstarthome.org



AGING PARTNERS

1005 "O" Street in Lincoln

Lincoln and Lancaster County seniors and their families are encouraged to contact Aging Partners for assistance, counseling and other resources available to help deal with issues they encounter along their aging journey. The agency's mission is to enhance daily living, expand personal choices and educate the community in an effort to ensure the independence and full life of the people they serve. The information provided about benefits and services for seniors is unbiased and individualized.

The multitude of services Aging Partners offers includes:

Financial, insurance, Social Security, Medicare and Medicaid information, as well as individual assistance in accessing benefits.

Care planning developed and implemented in an individualized, client-driven manner.

A Medicaid Waiver program based on a belief that people with care needs should have options for receiving services. After thorough needs identification and service planning, eligible persons are offered the choice of receiving home and community-based services or entering a nursing home.

Information and assistance that helps seniors avoid becoming the victim of abuse or neglect. Aging Partners staff assists clients by helping identify scams, fraud and financial exploitation.

Caregiving resources including respite, financial and in-home service information.

Lifeline personal emergency response system, Home Handyman and transportation resources.

Health and Fitness program resources, including the fitness center located at 555 S. 9th Street. Health clinics, screenings and education presentations are also available.

Senior Center activities that provide a great opportunity for seniors to socialize and get involved in a variety of activities.

Meals at senior centers planned by a registered dietitian.

Information and referral staff is available from 8 a.m. to 4:30 p.m. weekdays to provide referrals, counseling and care management services for older adults, their families and caregivers. Those who qualify or who have questions about whether or not they qualify, are urged to call 402-441-7070. More information is available at aging.lincoln.ne.gov.

David Norris
Aging Partners Public Information
Publisher – *Living Well* magazine
1005 "O" St.
Lincoln, NE 68508



Photo by Joshua Hoehne on Unsplash

Photo by Olivia Spink on Unsplash



COLONIAL PUMPKIN BARS

Ingredients:

3/4 c. butter or margarine

1 c. sugar

1 c. brown sugar

4 eggs, beaten

1 15-oz. can pumpkin

2 c. flour

1 tsp. baking powder

1 tsp. baking soda

1/2 tsp. salt

1 tsp. cinnamon

1 c. chopped walnuts (optional)

Frosting:

8-oz. package cream cheese, softened (low fat or fat free is okay)

1/4 c. butter or margarine, softened

1 tsp. vanilla extract

3 c. sifted powdered sugar

Bars: Preheat oven to 350F. Spray or butter & flour a 10"x15" jelly roll pan. In a large bowl, cream together 3/4 c. butter, white and brown sugars until light and fluffy. Beat in eggs, then stir in the pumpkin. Combine flour, baking powder & soda, salt and cinnamon, then stir into pumpkin mixture. Stir in walnuts, if desired. Spread evenly into prepared pan. Bake for 30-35 minutes or until toothpick inserted near the center comes out clean. Cool completely before frosting.

Frosting: In a medium bowl, mix together cream cheese, 1/4 c. butter and vanilla until smooth. Gradually blend in powdered sugar and continue beating until smooth and glossy. Spread over cooled pumpkin bars. Cut into squares.

Options: sprinkle with chopped walnuts, nutmeg or cinnamon, if desired

Shared by Chris Hausted

Piedmont Park Community Seventh-day Adventist Church

has been a presence in Lincoln, Nebraska, since 1885. We pray that your encounter with God and His family will renew your experience of joy and peace in your journey.

ONLINE SERVICES are livestreamed each Sabbath our YouTube and Facebook pages.

Livestream Adult Sabbath School on YouTube at 9:30am CST



Piedmont Park Community
Seventh-day Adventist Church
4801 A Street
Lincoln, NE 68510

Phone:
402-489-1344

E-mail:
piedmontparkSDA@gmail.com

Website:
www.piedmontparksda.org

YouTube:
www.youtube.com/piedmontparkchurch

Facebook:
www.facebook.com/piedmontparksda

Instagram:
piedmontparksda

COMMUNITY SERVICE

By Renee Schaecher

On Tuesday, October 5, the students at Lowell Bennet Community Homeschool, as members of Piedmont Park Seventh-day Adventist church (a 501C3 organization) collected eleven 30 gallon size garbage bags of good used clothing from the Neat Repeatz Community Yard Sale Give Away Day. They then transported the clothing to the People's City Mission Help Center dedicated to making much-needed items available at no charge to those who need it most. (<https://pcmlincoln.org/help-center/>) The Lowell Bennet Community Homeschool students and teacher were grateful for the opportunity given to them to minister to the financially challenged in Lincoln, NE by these two organizations.

To donate to The People's City Mission got to PMCLincoln.org. You can also provide on meal a day by going to Only251.org.



LABEL SAVING PROGRAM UPDATE

By Chris Hausted

Our label-saving program is humming right along! So far this year, our church family has brought in:

*23 Boxtops for Education @ 10¢ each

**1,233 Best Choice UPCs @ 3¢ each

***721 Loma Linda canned food labels @ 25¢ each

*The General Mills Boxtops for Education program has all but ended. Many people are unwilling or unable to meet their requirements for submitting electronic Boxtops; however, if you have downloaded their app and want to scan your store receipts, please select College View Academy to receive the credit.

**So far we've collected almost \$37 in Best Choice UPCs. Both Boxtops and Best Choice help to fund CVA's Home & School Organization. Their purpose is to provide fun activities for the students and encourage and uplift the teachers and staff, occasionally funding extras for the school.

***The Loma Linda labels you've submitted so far this year total over \$180! Atlantic Natural Food Company will send this money directly to Piedmont Park Church. Our church board voted to divide this money between the children/youth clubs, so Adventurers and Pathfinders will receive this money.

##Please note:

--We no longer collect Campbell Foods labels.

--Only the CANNED Loma Linda food labels are accepted - NO frozen foods.

If you would like to trim the Best Choice or Loma Linda labels, please make sure to include the entire UPC bar code.

Thank you, Piedmont Park Church family, for supporting our church school and our youth with your time and efforts!